



SI APPENDIX A: COURSE DESCRIPTIONS

<u>COARSE A: MAIN DUCK ISLAND</u>			Total: 48 nm	TIME
Start				
G1	Lime Barrel Shoal	Port	3 nm	
R2	north Stony Island	Port	4 nm	
Main Duck Island			17 nm	
-round either direction				
-must pass south of				
-G "M9"				
-R "MM2"				
-take time at "M9"				
-take time at "MM2"				
R2	north Stony Island	Stbd	17 nm	
G1	Lime Barrel Shoal	Stbd	4 nm	
Finish			3 nm	

COARSE B: YORKSHIRE

Total: 40 nm

TIME

Start

G1 Lime Barrel Shoal Port 3 nm

R2 north Stony Island Port 4 nm

R "MM2" Yorkshire 13 nm

-round either direction

-take time at "MM2"

R2 north Stony Island Stbd 13 nm

G1 Lime Barrel Shoal Stbd 4 nm

Finish 3 nm

COARSE C: GALLOO ISLAND

Total: 30 nm

TIME

Start

G1 Lime Barrel Shoal Port 3 nm

R2 north Stony Island Port 4 nm

Galloo Island 8 nm

-round either direction

-include G"3"

-take time at G"3"

R2	north Stony Island	Stbd	8 nm
G1	Lime Barrel Shoal	Stbd	4 nm
Finish			3 nm

COARSE D: STONY ISLAND Total: 25 nm TIME

Start

G1	Lime Barrel Shoal	Port	3 nm
Stony Island			10 nm

-round either direction

-Include G"5" Calf Island Spit

-take time at G"5"

G1	Lime Barrel Shoal	Stbd	9 nm
Finish			3 nm

COARSE E: OUTER TRIANGLE Total: 17 nm TIME

Start

G1	Lime Barrel Shoal	Port	3 nm
G3	Point Peninsula	Port	4 nm
R2	north Stony	Port	2 nm
G1	Lime Barrel Shoal	Stbd	5 nm
Finish			3 nm

